

Bur-Mil Marlins Swim Team

2016 Team Information

www.burmilmarlins.com www.burmilpark.org





Important Contact Information

Head Swim Coach:

Mary Beth Murphy

Administrative Staff: Todd Moore (Park Manager)

Bur-Mil Park Family Aquatic Center:

Greensboro Community Swim Association www.greensborocsa.org marybethshore@gmail.com

336-641-2073

336-288-2939

Bur-Mil Marlins Website www.burmilmarlins.com

Information

About the Marlins

Bur-Mil Marlins Swim Team is a competitive swim program for children ages 5-18. The minimum skill requirement for participation is the ability to swim one length of the pool without stopping (25 yards). The Marlins participate in 5 dual meets each season. The season wraps up with a final competition called the City Championship Meet, a 3-day event where all swimmers in Greensboro's Community Swim Association compete against one another. The City Championship will be held on July 9^{th} – July 11^{th} at the Greensboro Aquatic Center.

Costs

- The cost to join the swim team is \$120 for the 1st swimmer, \$110 for each additional swimmer (same family). This money is due at the time of registration. **Registration is online** ONLY. However, each participant will need to complete a CSA "Swimmer Registration/Release Form." Please let one of the coaches or a Bur-Mil Park staff member know if you need additional copies.
- Team swimsuits are optional. Children may wear their own suits so long as they are appropriate for competitive swimming. Our team colors are green and black. Please keep this in mind if you are purchasing your own suit.
- You will have the opportunity to try on a team suit at any of our practices. To get an idea about sizing, you may also visit Omega Sports or Dick's Sporting Good and try on a competitive swim suit (Speedo or TYR preferred) to determine the best size. Suits are available for purchase by visiting www.augustaswimsupply.com. Click on the "Teams" link on the left hand side of the page. Our username is *burmil* and our password is *1234*.

Age Groups

| 6 & Under | 8 & Under |
|-----------|-----------|
| 9 & 10 | 11 &12 |
| 13 & 14 | 15-18 |

IMPORTANT Dates of Upcoming Events (ALL TIMES AND DATES ARE TENTATIVE)

Pre-Season Meet & Greet Pot Luck – Sunday, May 22, 1-3pm

Join us a for a fun and informal pot luck meal at the Bur-Mil Park pool Meet the coaches, try on suits and get information on the rest of the season, and enjoy a meal together. Weather permitting the pool will be open and all are invited to swim.

Skills Test for New Swimmers – Monday, May 23, 5:30-6:30pm

Skills Testing to determine eligibility for team participation and practice group. New swimmers should come anytime between 5:30-6:30pm (drop-in) to take a skills test. Swimmers must be able to swim the length of the pool (25 yards) without stopping to hold the wall or the lane line. It is not necessary to perform any specific stroke, but rather to just swim the distance without assistance. Swimmers will be notified of their practice group at skills testing. Returning swimmers who have joined a year round team in the off season or wish to be re-evaluated to determine if their practice group will change, may also drop by during this time for a skills test.

First Practice for All Swimmers – Tuesday, May 24

Practices Begins at Bur-Mil Pool Please see the calendar below for the time of your swimmer's practice based on their practice group.

Time Trials Mock Meet - Thursday, June 2, 5:30-8:30pm

Walk through home meet to and mock races for initial entry times. All swimmers must attend this practice from start to finish in order to run through the meet order of events, and time all swimmers in order to have a baseline time for each event.

TBA-Swim for Cancer Event

Swim for Cancer event will take place during regularly scheduled practice. Please have all donations by that time.

<u>City Meet: July 7-9, 2016</u>

City Championship Meet at Greensboro Aquatics Center.

Tentative Date for the Swim Banquet: Sunday, July 10th at 6:00-8:00 pm Team Banquet at the Bur-Mil Pool.

Join us for an end of season celebration, team awards, and pool party.

See Attached Calendar for all trainings, meets, and team events

Swim Team Meets

| II IIICCI | | meets please annve at 4.50. To | |
|-----------|----------------------|--------------------------------|---------------------------|
| | Dates | Opposing Team | Meet Location |
| | 6/7/2016 (Tuesday)* | Friendly Frogs | BurMil |
| | 6/14/2016 (Tuesday) | Lake Jenaette | Lake Jeanette |
| | 6/16/2016 (Thursday) | Hamilton Lakes | Hamilton Lakes |
| | 6/21/2016 (Tuesday)* | Green Valley | BurMil |
| | 6/28/2016 (Tuesday) | Sherwood | Sherwood |
| | 7/7/16-7/9/16 | City Meet | Greensboro Aquatic Center |

All meets are at 5:30 pm. For AWAY meets please arrive at 4:30. For HOME(*) meets, please arrive at 4:00.

Eligibility of Swimmers

- CSA requires swimmers to attend one or more practices the week before a meet in order to swim in a meet.
- A swimmer must participate in at least one dual meet to be eligible for the CSA Championship City Meet.
- 19 year olds may participate in CSA meets the first season after his/her graduation from high school.
- *NEW!* The swimmer's age on June 1^{st} will determine his/her age group for the entire swim season.
- In dual meets, swimmers can swim a maximum of 3 individual events and no more than 2 relays.
- For a full list of rules and regulations governing the Community Swim Association, please visit their website at http://www.greensborocsa.org/text%20documents/CSARules2011.pdf.

| Age Groups | Races | Distance |
|-----------------|----------------------------------|-----------|
| 6 & under | Free, Back, & Breast Stroke | 25 yards |
| 6 & under | Freestyle Relays | 100 yards |
| 8 & under | Free, Back, Breast, & Fly Stroke | 25 yards |
| 8 & under | Freestyle & Medley Relays | 100 yards |
| 8& under | Distance Free | 50 yards |
| 9-10 year olds | Free, Back, Breast, & Fly Stroke | 50 yards |
| 9-10 year olds | Freestyle & Medley Relays | 200 yards |
| 9-10 year olds | Distance Free | 100 yards |
| 11-12 year olds | Free, Back, Breast, & Fly Stroke | 50 yards |
| 11-12 year olds | Freestyle & Medley Relays | 200 yards |
| 11-12 year olds | Distance Free | 100 yards |
| 13-14 year olds | Free, Back, Breast, & Fly Stroke | 50 yards |
| 13-14 year olds | Freestyle & Medley Relays | 200 yards |
| 13-14 year olds | Distance Free | 100 yards |
| 15-18 year olds | Free, Back, Breast, & Fly Stroke | 50 yards |
| 15-18 year olds | Freestyle & Medley Relays | 200 yards |
| 15-18 year olds | Distance Free | 100 yards |

Age Groups, Races, & Distances

Parent Volunteers

Volunteers are essential to having a successful team. <u>All families will be expected to volunteer for at least two swim meets</u>.

SWIM MEET VOLUNTEERS

Organizing and keeping a swim team going takes many volunteers. Home meets require over 50 workers and away meets require about half that number. It is the responsibility of every parent of a swimmer to help out in these positions. Please pitch in to make this a great season for our swimmers! Following are descriptions of volunteer positions.

Approximate quantities in parentheses (# = home meet, $\underline{\#}$ = away meet)

Clerk of Course (6, 4) - Organizes and seats the swimmers in the event they are to swim as assigned on the swimmer's entry card.

Hospitality, during the meet (3, <u>0</u>) - Keeps all workers and coaches hydrated with water or other beverages.

Hospitality, pre-meet $(5, \underline{0})$ - Especially for parents who cannot help during the meets, this job involves contributing to the snacks and drinks provided to swim meet volunteers <u>at home meets only</u>. Food can be brought to the pool at any time prior to the start of the meet. Especially appreciated are home-baked goodies (cookies, muffins, banana bread) and fruit (cut or whole).

Newspaper Recorder (1, 0) - The Newspaper Recorder fills out the results form to be sent to CSA's web site manager, who will put them on the CSA web site and forward them to the News & Record. This form needs to be downloaded from the CSA web site (www.greensborocsa.org), completed, then emailed by 9:30 AM on the day following the meet. Complete instructions are on the form itself.

Referee* $(1, \underline{0})$ - Presides over the meet to see that the meet runs on time, and is fair and safe for all swimmers. It is the responsibility of the Meet Referee to stop a meet due to hazardous weather conditions. The Meet Referee holds meetings for coaches and officials at the beginning of each meet to answer any questions and make necessary clarifications of rules and procedures. The Meet Referee clears the pool at the start of each race by blowing a whistle. He must also sign all swimmer disqualification forms before they are sent to the Scorer's Table.

Ribbon Labeler $(1,\underline{1})$ - Puts labels (indicating swimmers' event, age group, and time) on ribbons during the meet, provided the home team is willing/able to print award labels throughout the meet.

Runner $(4, \underline{4})$ - Transfer meet documents as needed. Card Runners bring entry cards from timers to scoring table. DQ Runners bring DQ slips from judges to meet referee for initialing, then to scoring table. Note: Card Runners must also run cards from the starting end of the pool to the finish end in races of just one length. This position is split so you only work half the meet.

Scorer/Data Entry $(2, \underline{2})$ – These people sit at the head table during the meet and essentially keep the meet running. They enter swimmers' times into the computer, make any changes to entries in the computer, and score the meet in the computer. This job is one of the most important jobs at the meet!

Starter* (1, 0) - Gives the commands to the swimmers to start each race, and then to start the race.

Stroke and Turn Judge* $(4, \underline{4})$ - Determines if each swimmer is swimming the stroke legally as defined by USA Swimming rules. It is the responsibility of the Stroke Judge to disqualify any swimmer whose stroke, start, turn, or finish is illegal. This position is split so you only work half the meet.

Timers $(12, \underline{12})$ - Time the swimmers in each race using stopwatches provided by each respective team. One Timer records all times on the entry card, which the Runner picks up for delivery to the Scoring Table. This position is split so you only work half the meet.

Head Timer (2, 0) - Keeps time with back-up stopwatch in case lane times have trouble. This position is split so you only work half the meet.

2014 Stroke & Turn And Referee & Starter Training Schedule

OFFICIALS CLINICS

To be a stroke & turn official for a CSA regular season swim meet, you must attend one brief clinic to help insure we provide a good, consistent experience for our swimmers.

A list of each club's officials will be posted on the officials section of the website. To be a starter or referee, you must attend both a starter/referee session as well as a stroke & turn session.

If you are a USA Swimming certified stroke and turn official, you only need to attend the starter/ref class to be a referee.

Starter/Referee Clinics – May 2, 3, or 11

Stroke & Turn Clinics – May 4, 5, or 12

All classes will be held at Sherwood at 7pm.

*If you cannot make the dates above... You can take it online at www.strokeandturn.com and then send the completion certificate to edwardbstephens@gmail.com

| | 2016 | Marlin's | Swim T | eam Cale | endar | |
|--|---|--|---|---|-------|--|
| | | ~ | May 2010 | 6~ | | |
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| Pre-Season Potluck lunch and pool party 1-3pm | Skills testing for new swimmers | Green Marlins: 5:45-6:15 pm White Marlins: 6:15-7:00pm | Green Marlins: 5:45-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | Green Marlins: 5:45-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | | NO Practice due to Holiday Weekend |
| 29 | 30 NO Practice due to Holiday Weekend | 31 Green Marlins: 5:45-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | | | | |

| 2016 Marlin's Swim Team Calendar | | | | | | |
|--|---|--|---|---|-----|--|
| Sun | Mon | ∼ 、 Tue | June 201 | 6 ~ Thu | Fri | Sat |
| | | | 1 Green Marlins: 5:45-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | 2 Time Trials Mock Meet (ALL SWIMMERS) 5:30-8:30pm | 3 | 4 Green and White Marlins: 7:45-8:30 am Black Marlins: 8:30-9:30 am |
| 5 <i>GREEN Marlins:</i> please note the change in practice time for this week, as we move to the full-length practice time for Green Marlins. | 6 Green Marlins: 5:30-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | 7 Swim Meet @ BurMil HOME MEET | 8 Green Marlins: 5:30-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | 9 Green Marlins: 5:30-6:15 pm White Marlins: 6:15-7:00pm Black Marlins: 7:00-7:45 pm | 10 | 11 Green and White Marlins: 7:45-8:30 am Black Marlins: 8:30-9:30 am |
| 12 Please note the change in practice times due to the school year ending. | 13 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 14 Swim Meet @ Lake Jeanette | 15 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 16 Swim Meet @ Hamilton Lakes | 17 | 18 Green and White Marlins: 7:45-8:30 am Black Marlins: 8:30-9:30 am |
| 19 | 20 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 21 Swim Meet @ BurMil HOME MEET | 22 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 23 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 24 | 25 Green and White Marlins: 7:45-8:30 am Black Marlins: 8:30-9:30 am |
| 26 | 27 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 28 Swim Meet @ Sherwood | 29 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | 30 Green Marlins: 6-6:45 pm White Marlins: 6:45-7:30 pm Black Marlins: 7:30-8:30 pm | | |

| 2016 Marlin's Swim Team Calendar ~ July 2016 ~ | | | | | | |
|---|---|---|---|------------------|------------------|---|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| | | | | | 1 | 2 Green and White Marlins: 7:45-8:30 am Black Marlins: 8:30-9:30 am |
| 3 | 4 Green Marlins: 6-6:45 pm | 5 Green Marlins: 6-6:45 pm | 6 Green Marlins: 6-6:45 pm | 7 City Meet @ | 8 City Meet @ | 9 City Meet @ |
| | White Marlins: 6:45-7:30 pm | White Marlins: 6:45-7:30 pm | White Marlins: 6:45-7:30 pm | GAC | GAC | GAC |
| | Black Marlins: 7:30-8:30 pm | Black Marlins: 7:30-8:30 pm | Black Marlins: 7:30-8:30 pm | | | |
| 10 Team Banquet Pool Party @ 6:00pm | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| | | | | | | 31 |

2015-16 Bur-Mil Marlins Team Suit

Prices will range from \$37 for males to \$57 for females. Suits will be available to try on for sizing at practices.

To order your suit visit <u>www.augustaswim.com</u> click on "Teams" on the left hand side. You can then select the suit and size you would like. Suits will be shipped to your place of choice.

Team Username: *burmil* Password: *1234*



Team suits are optional as long as your child has a suit appropriate for competition.

COMMUNITY SWIM ASSOCIATION SWIMMER REGISTRATION / RELEASE FORM

Pool Name: Bur-Mil Park

| * | * * * * * * * * * * | * * * * * | * * * * * | * * * * * | * * * * * * | * * * * * | * * * | * * | * * | |
|---|---------------------|-----------|-----------|-----------|-------------|-----------|-------|-----|-----|--|
| PLEASE PRINT Swimmer Name | | | | | | | | | | |
| Address | | | | | | | | | | |
| City | | Zip | | | Phone _ | | | | | |
| Birth Date | Sex (Circle): | М | F | | | | | | | |

In consideration of allowing my child to participate in activities organized by the Community Swim Association, I hereby, for my child, myself, my heirs, executors, administrators, and assigns, and anyone entitled to act on my behalf, or on behalf of my child, release and discharge Community Swim Association, plus all sponsors, their representatives, and successors, promoters, managers, directors, officials, agents, employees, and volunteers of Community Swim Association events from any and all claims of injury or liabilities of any kind, including any illness, injury, or damage suffered by my child as a result of participation in or traveling to or from such events. I know that swimming and participation in these activities is potentially hazardous, that my child should not enter any Community Swim Association event unless he or she is medically able and properly trained, and I, as parent or guardian, hereby assume all risks associated with participation in Community Swim Association events including, but not limited to, falls, contact with other participants, the effects of weather, and any and all other risks known or associated with swimming, all such risks being known and appreciated by me. I hereby certify that my child is in good physical condition and good health and able to participate in Community Swim Association events.

| Parent/Guardian Signature: | Date | |
|----------------------------|----------|--|
| • | _ | |

| Parent/Guardian (Print Name): _ | |
|---------------------------------|--|
|---------------------------------|--|

Please Note:

In the interest of providing information on year-round swim opportunities, Greensboro CSA shares swimmer addresses with a limited number of local swim clubs. At no time are mailing lists sold to any other organizations. If you prefer that your child's name not be shared with local swim clubs, please indicate by checking the following box.

□ Do not share address.

www.greensborocsa.org